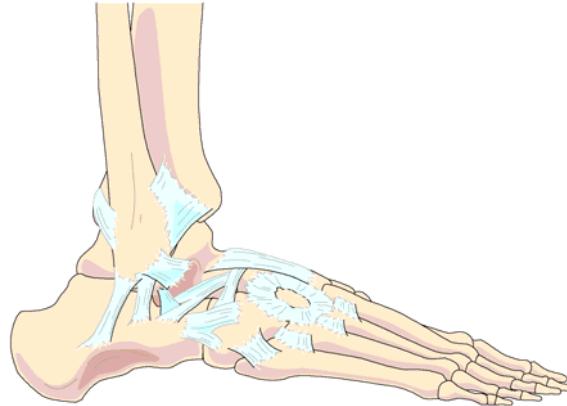




Ankle Sprains Grading Jackson Protocol



	Grade I	Grade II	Grade III
	Minimal Swelling Able to bear weight	Moderate Swelling Moderate pain weight bearing	Global Swelling Inability to bear weight
Swelling	0/+	++	+++
Tenderness	+	++	+++
Function	0	↓	↓↓
Loss Ligament Strength	0	↓	↓↓
Drawer Test	Negative	Positive	Positive
Talar Tilt Test	Negative	Negative	Positive
Suggested Aircast Solutions	Air-Stirrup® Sport Stirrup® AirSport®	Air-Stirrup Sport Stirrup SP Walker™	Air-Stirrup Pneumatic Walker™ Foam Walker™ SP Walker

Additional treatment:

As part of the RICE (Rest, Ice, Compression, Elevation) treatment, you can also consider using the **Aircast Cryo/Cuff®** system which simultaneously ices and compresses the ankle

References:

- Konradson L, Holmer P, Sondergaard L, “Early Mobilizing Treatment for Grade III Ankle Ligament Injuries”
- Walgenbach AW, “The Ankle Joint: The Evaluation and Treatment of Sprains”

For more information about the complete line of Aircast products,
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